

May 18 – 20, 2016 Venice International University, San Servolo Island, Italy

Effective care of older patients with swallowing difficulties

Course coordinators: P Clave (ES) for ESSD & JP Michel (CH) for EUGMS

p.m.				
Wednesday afternoon				
14.15	Welcome addresses EICA/EUGMS & ESSD: Goals & organization of the teaching activity			
14.30	<i>Participant's pre-course test</i>			
14.45	Definition, prevalence and consequences of malnutrition in older adults	Marcello Maggio (IT)		
15.30	Etiology of protein-energy malnutrition in older adults	Rainer Wirth (DE)		
16.15	<i>Coffee break</i>			
16.45	Definition, prevalence and burden of oropharyngeal dysphagia	David Smithard (UK)		
17.45	Physiology of deglutition and pathophysiology of oropharyngeal dysphagia	Pere Clavé (ES)		
18.45	Clinical outcomes of swallowing disorders	Rainer Wirth (DE)		
19.15	<i>General discussion and synthesis of the afternoon session</i>			
20.00	Dinner in San Servolo			
a.m.				
Thursday morning				
08.00	Screening of oropharyngeal dysphagia in vulnerable patients	Marcello Maggio (IT)		
08.45	Bedside and instrumental assessments of dysphagia – Volume-Viscosity Swallow Test (V-VST), Videofluoroscopic Swallow Study (VFSS) and Fiberoptic Endoscopic Evaluation of Swallowing (FEES)	Renée Speyer (AU) (V-VST) Pere Clavé (ES) (VFSS) Sonja Suntrup-Krüger (DE)(FEES)		
10.15	Open Bar: "Nutrition solutions for dysphagia"			
10.45	Dysphagia: fluid viscosity, dietary consistency, caloric and protein adaptation and hydration management	Pere Clavé (ES) <i>Lecture and workshop</i>		
11.45	Open Bar: "Nutrition solutions for dysphagia"			
12.00	Swallowing rehabilitation techniques and results	Renée Speyer (AU)		
12.45	<i>General discussion</i>			
13.00	Lunch in San Servolo			
p.m.				
Thursday afternoon				
Workshop: Assuring adequate, safe and appealing nutrition in long term care settings				
14.00	<u>Group A</u> ESSD instructor David Smithard (UK)	<u>Group B</u> EUGMS instructor Marcello Maggio (IT)	<u>Group C</u> ESSD instructor Renée Speyer (AU)	<u>Group D</u> EUGMS instructor Rainer Wirth (DE)
14.30	Synthesis of the working groups – General discussion			
15.00	Nutritional requirements of older adults/patients	Clinical Nutrition Lecture: Kala Kaspar (CH)		
15.45	Open Bar: "Nutrition solutions for dysphagia"			
16.15	<u>Introducing the clinical case: Swallowing problems in stroke patients</u>	Sonja Suntrup-Krüger (DE)		
16.45	<u>Introducing the clinical case Swallowing disturbances in dementia patients</u>	Rainer Wirth (DE)		
17.15	<u>Introducing the clinical case: Predictors of aspiration pneumonia in confused older patients</u>	Marcello Maggio (IT)		
17.45	<i>General discussion and synthesis of the day sessions</i>			
19.00	Dinner in Venice			
a.m.				
Friday morning				
08.00	ESSD-EUGMS evidence-based practice guidelines: Implications for dysphagia assessment and treatment			Renée Speyer (AU) David Smithard (UK)
Workshop: Clinical application of new knowledge				
09.15	<u>Group A - ESSD 8</u> Implementing a dysphagia care pathway for older patients Pere Clavé (ES)	<u>Group B – EUGMS 8</u> Clinical management of Parkinson's patients with swallowing disorders Marcello Maggio (IT)	<u>Group C – ESSD 9</u> Clinical management of stroke patients with swallowing disorders Sonja Suntrup-Krüger (DE)	<u>Group D –EUGMS 9</u> Clinical management of dementia patients with swallowing disorders Rainer Wirth (DE)
10.00	Open Bar: "Nutrition solutions for dysphagia"			
10.30	<i>Report of the groups, general discussion and synthesis of the morning course</i>			
11.00	Dysphagia in geriatric medicine: Geriatric Take Home messages			Marcello Maggio (IT) and Rainer Wirth (DE)
11.30	Dysphagia in neurology: Specialist Take Home messages			Sonja Suntrup-Krüger (DE) and David Smithard (UK)
12.00	<i>Participants' post-course test/ Evaluation of the course / Certificates</i>			
13.00	<i>End of the course</i>			